

## Our Mission Statement

Our purpose is to worship God, to care for those in need, to encourage others to come to faith in Jesus Christ, and to share His love in our community and the world around us.



### Minister : Rev'd Tony Parkinson

minister@watersidemethodist.org

### Contact Steward : Lesley Butterfield

Tel: 023 80845684

info@watersidemethodist.org

### Safeguarding

safeguarding@watersidemethodist.org

[www.watersidemethodist.org](http://www.watersidemethodist.org)

# Welcome to Morning Worship

@11am

**Sunday 8th February 2026**

## Chapel Lane

led by Christina Pritchard

*Readings : Isaiah 58 : 1 - 12*

*Matthew 5 : 13 - 20*

**Sunday 15th February 2026**

## Soul Cafe

led by Jane Castle

## Church Diary

### Tuesday 10th

*Monthly prayer meeting – 7.30pm Soul Cafe*

### Wednesday 11th

*Roving Ramblers – Cadmans Pool Car Park*

### Thursday 12th

*10.00am - 12.30pm Soul Cafe*

*7.30pm Thursday homegroup*

### Saturday 14th

*10.00am - 12.30pm Soul Cafe*

### Sunday 15th February Soul Cafe

*Morning Service – led by Jane Castle*

### Thursday 19th

*10.00am - 12.30pm Soul Cafe*

### Saturday 21st

*10.00am - 12.30pm Soul Cafe*

### Sunday 22nd Chapel Lane

*Morning Service - led by Rev'd John Hughes*

## Monthly prayer meeting 7.30pm Tuesday 10th February Soul Cafe



There is much to pray for at our next prayer meeting this coming Tuesday 10th February at Soul Cafe starting at 7.30pm. We will continue to hold up in prayer the work of the various working parties overseeing the move to North Road and the pulling together of our Mission Action Plan, and we will also be praying for our national and international leaders as they seek to bring peace and justice to our very troubled and strife-ridden world

Please join us in person, or if you are not able, please make use of the available prayer sheet so that we might be united in prayer as we seek God's will and the fulfilment of His plans for us.

## Circuit Meeting Secretary

The Southampton Methodist Circuit is seeking a Circuit Meeting Secretary. This voluntary role mainly involves circulating notice of the Circuit Meeting, the agenda and meeting papers in good time and producing minutes of the meeting after as a faithful record of discussions had and decisions taken. The Circuit Meeting generally meets three times a year, in September, February and June, though other additional meetings may take place as the need arises.

For more details, speak to Manny, Rev'd Tony Parkinson or the Circuit Administrator (Christine Hughes, phone 07825 139359, email [Christine.HughesSMC@outlook.com](mailto:Christine.HughesSMC@outlook.com))

If you would like someone to pray with, please speak to a prayer partner or the duty steward after the service

*Your prayer partners are Manny Fordham and Linda Matthews*



If you have an urgent prayer request then please contact Linda Matthews or phoning or texting 07879 863592 or emailing [lindamatpop@sky.com](mailto:lindamatpop@sky.com)



Your request will be circulated to members of the church who have committed to pray

**Pastoral Care** If you are in need of a visit or a phone call, please contact Jenny Howse our Pastoral Lead by emailing [thehowsefamily@googlemail.com](mailto:thehowsefamily@googlemail.com) or phoning 023 8084 8495

## Southampton Methodist Circuit

Celebrating and  
Sharing God's Love



*Many very Happy  
Birthday wishes this  
week to Mark Price  
and the following week  
to Becky Carson.*

Love the life you live. Live the life you love.  
Bob Marley

## Waterside Foodbank

### Items most needed

Tinned veg / fruit	Tinned Soup
Tinned meat / fish	Cooking sauces
Milk (UHT or powdered)	Coffee
Sweet and savoury treats	Cereals
Toiletries and household	Pasta and rice

Registered Charity 1136282

waterside.foodbank.org.uk Tel: 07768 713329



## Roving Ramblers Wednesday 11th February



Meet 10am at [Cadmans Pool Car Park](#)  
(what3words location: skim.desk.vertical)

We meet for a 4 to 5 mile walk (lasting 2 – 2 ½ hours) in the New Forest on the second and fourth Wednesday of each month. It is open for anyone to join and is an opportunity to meet new friends, bring your own friend or even your dog along for a walk.

**PLEASE NOTE ALL WALKS ARE LIMITED TO 25 PEOPLE**

Please contact Phil Butterfield for more details  
Telephone 023 80845 684 Mobile: 07708 582285  
E-mail: [cedarofhythe@btinternet.com](mailto:cedarofhythe@btinternet.com)

## Circuit Safeguarding Training

Folk who had their Safeguarding training in 2022 or who are taking on new posts in 2026 might be required to undertake training in 2026. If so, the following courses are available:



### Foundation training

Saturday 7th February	10.00am - 1:30pm	Hedge End
Saturday 7th March	10.00am - 1:30pm	St James Road

### Advanced training

Saturday 18th April	10.00am - 3:30pm	Hedge End
Saturday 9th May	10.00am - 3:30pm	St James Road

If this is of interest, please contact Christine Hughes, Circuit Administrator on 07825 139359 or email [christine.hughessmc@outlook.com](mailto:christine.hughessmc@outlook.com). It is important to book beforehand to ensure sufficient materials are available.

## Circuit Church Car Park Locations



Need to drive to another church in Southampton Circuit? The document found [here](#) lists the what3words location and provides other useful details that might help guide you to your destination

**M3  
junction 9**  
Weekend closures

The M3 will be closed in both directions between junctions 8 (Popham interchange) and 9 (Winnall interchange) between 9pm Friday 13 February and 6am Monday 16 February

**Church Stewards:** Judith Bell, Lesley Butterfield, Manny Fordham, Jan Gaunt, Linda Matthews, Mark Price



Our next notices will be on Sunday 22nd February, so please send any items for inclusion should be sent to Manny by Thursday 19th by emailing [sm\\_fordham@msn.com](mailto:sm_fordham@msn.com) or phoning 023 8089 0804

The next one will be Sunday 8th March 2026

**Food choices** Swap a meat-heavy meal for a plant-based alternatives (the latter take less energy to produce); try to buy seasonal, locally-grown produce (reducing transportation emissions, supporting the local economy)

**Home energy consumption** Switch to LED bulbs, unplug devices when not in use, decrease your thermostat by a couple of degrees to significantly reduce energy use

**Consumer considerations** Could you repair, borrow, rent, or buy second-hand instead rather than get new? If new, try to choose longer lasting items and companies with a more sustainable ethos.

**Reduce water waste** Take shorter showers, fix leaky taps, turn off the tap while brushing your teeth; run washing machines and dishwashers with full loads rather than more frequent partial loads.

**Transportation choices** Can you walk, cycle, take public transport, or travel in someone else's car rather than drive yourself? When driving, maintaining proper tyre pressure and reducing idling time improves fuel efficiency. If replacing your car, electric or hybrid options might be well worth exploring.

For details go to [www.methodist.org.uk/about/our-stories/net-zero-5-ways-to-be-better-for-the-environment-this-year](http://www.methodist.org.uk/about/our-stories/net-zero-5-ways-to-be-better-for-the-environment-this-year)



Would you like to receive the notices by email? If so, please send an email to [info@watersidemethodist.org](mailto:info@watersidemethodist.org)

